

Autobiography Writing Guidelines

For Inclusion in the 360 Research Foundation Compendium of Scientists, Professors & Experts

1. Basic Profile Information (Mandatory)

- Recent passport-size photograph (high resolution)
- Full name
- Designation and area of specialisation
- Current institution/organisation
- Previous institutions (if any)
- Email ID and mobile number
- 360 Research Foundation membership status (Yes/No)

2. Early Life & Background

- Place of birth and family background
- Early childhood experiences and inspirations
- Socio-economic or personal challenges
- Role of parents, teachers, mentors, or role models

3. Educational Journey

- Schooling and higher education details
- Key turning points in academic life
- Struggles or failures and lessons learned
- Scholarships, fellowships, or distinctions

4. Professional Journey & Career Development

- Entry into professional or academic career
- Major milestones and transitions
- Teaching, research, industry, or policy contributions
- Leadership or administrative roles

5. Research, Innovation & Contributions

- Key research areas or expertise
- Major publications, projects, patents, or innovations
- Societal or national impact of work
- Collaborative or interdisciplinary initiatives

6. Challenges, Support Systems & Turning Points

- Professional or personal challenges
- Support from family, mentors, or institutions

- Critical turning points and resilience

7. Awards, Honours & Recognition

- Awards, fellowships, and recognitions
- National or international honours
- Professional memberships or advisory roles

8. Values, Philosophy & Social Commitment

- Core personal and professional values
- Contribution to society, students, or community
- Outreach, mentoring, or extension activities

9. Message to Young Researchers & Future Generations

- Advice and motivation
- Lessons learned from life and career
- Vision for the future of education or research

10. Writing & Submission Guidelines

- Length: 1–2 pages (800–1200 words)
- Language: English (original and self-written)
- Format: MS Word (.doc/.docx)
- Tone: Reflective, sincere, and inspirational

Optional (Highly Recommended)

- Personal motto or defining quote
- Professional or field-work photograph
- ORCID / Google Scholar / Research profile link
- Key publications (maximum five)

This publication aims to document not only achievements but also the human journey behind them. Contributors are encouraged to present an honest, reflective, and inspirational narrative.